Pre-travel checklist

- Passport has a minimum of six months before expiry
  *(check the requirements of the country you are visiting)*

- Visa/s up to date

- Medications packed

- Travel insurance purchased

- Pre-travel vaccinations

- Register on Smartraveller

- Leave a copy of your passport, ID, and itinerary with a family member or responsible person in case this information is lost or stolen

- Pack medical kit – this can include:
  - Condoms
  - items to detect and treat fever, pain, cuts, scrapes and blisters.
  - a range of gastro and malarial medications,
  - insect repellents,
  - mosquito nets,
  - clothing impregnation kits,
  - and suture packs.

- Check if you need to obtain a power adaptor

- Finances – travellers cheques/credit cards sorted

- Checked out the **Can-I-bring-it-back** website - A quick guide to what you can and can't bring home.
  